

## Fluor and Iodine Commission: Annual Report 2023

### Mission

Initially founded to accompany the developments in connection with the usage of iodized salt in Switzerland, the commission nowadays engages in scientific and technical questions concerning iodine and fluoride intake, monitors intake of these nutrients and concerns itself with political issues in this field.

### Members

Dr. Sc. Maria Andersson, Zürich, Chair  
Andreas Baud, Pratteln  
Clara Benzi Schmid, BLV representative, Bern  
Dr. med. Silvia Dehler, Vaduz  
Prof. Dr. med. Christoph A. Meier, Zürich  
PD Dr. med. Katharina Quack Lötscher, Zürich  
Prof. Sabine Rohrmann, Zürich  
Prof. Tuomas Waltimo, Basel  
Prof. Dr. med. dent. Florian Just Wegehaupt, Zürich  
Prof. Michael B. Zimmermann, Zürich

### Activities 2023

No regular Commission meeting was held during the year 2023.

Members of the Commission supported the Federal Food Safety and Veterinary Office (BLV) in the planning of a Round Table meeting with Swiss food industry representatives to discuss the use of iodized salt (February 2024). Information material on iodine nutrition was made available by BLV [Nicht mehr, aber jodiertes Salz! \(admin.ch\)](#).

The 5<sup>th</sup> Swiss National Iodine Study was completed and published in December 2023 ([Iodine intake in the Swiss population 100 years after the introduction of iodised salt: a cross-sectional national study in children and pregnant women | European Journal of Nutrition \(springer.com\)](#)).

The commission responded to questions and requests from the media, medical community and the general public. Prof. Dr. med. dent. Florian Just Wegehaupt participated in the radio program SRF Kassensturz Espresso and answered questions on salt fortification with fluoride: [Schlauer i d'Wuche - Schweizer Salz: Die Verpackungsgrösse bestimmt den Preis - Kassensturz Espresso - SRF](#)

### Outlook 2024

The Commission will guide the BLV on follow-up activities in response to the findings of the 5<sup>th</sup> Swiss National Iodine Study. Commission representatives will participate in the planned BLV Round Table meeting with food industry representatives to discuss the use of iodized salt in processed foods.

A handwritten signature in black ink that reads 'Maria Andersson'.

Maria Andersson, Zürich, February 6, 2024